

Sarah Frost

Sarah Frost, an award-winning artist based in Western Sydney, is the featured artist at this year's Nepean Festival of Arts and Design. Renowned for her ever-evolving style, Sarah's work is celebrated for its authenticity and depth. Each piece reflects her meticulous research and thoughtful exploration, igniting curiosity and evoking emotion in viewers.

Sarah's commitment to excellence has earned her numerous awards and recognition in the art world. She has been a finalist in numerous prestigious awards and was the recipient of the James Gleeson Surrealism Award, a category of the 2018 Fisher's Ghost Art Award. Her versatility of technique, deep exploration of themes and theory, and confidence with various mediums is evident in the authenticity and clarity of her work. At the festival, attendees can expect to be captivated by her hyperrealist botanical works, offering a glimpse into her visionary and meaningful approach to art.

Sarah is currently embarking on an area of research called The Bloem Project (bloem is Dutch for flower) that involves investigating the poetic language of flowers - as inspired by the novel "The Lost Flowers of Alice Hart" by Holly Ringland, and the Floriography trend that emerged during the 1800's. Additionally, she is exploring flowers as symbols of place and origin, researching the historical, and current use of flowers to represent nations, countries and states. Sarah's botanical artwork represents the "grafting together" of various plant species to represent the storylines and places of origin of an individual's life.

"Within this framework, I am looking at my own places of origin, The Netherlands, Scotland, and Australia (NSW) and the flowers that represent these nations, cultures, and places. I create artworks using botanicals as the vessel of my story. A botanical self-portrait, as it were. I endeavor to expand this practice to capture the botanical stories of many individuals and in doing so, discover more about botanical language from various parts of the world."

Don't miss the exclusive opportunity to experience the brilliance of Sarah Frost's 'The Bloem Project' works, which will be on exhibition at the Nepean Festival of Arts and Design, held at the Nepean Creative and Performing Arts Hall on Friday, November 15th, from 6 to 9 PM, and Saturday, November 16th, 2024, from 10 AM to 3 PM. Join us as we celebrate creativity and immerse ourselves in the captivating world of one of Western Sydney's finest talents.

